



Board Meeting - Monday 13th May 2013

Asda Distribution Centre, Gowerton Road, Brackmills, Northampton, NN4 7BW

Minutes

Present: John Roberts – Chair (JR), Tony Allen – Vice Chair (TA), B Cully – Treasurer (BC), Sandra Frampton (SF), Martyn White (MW), Ray Hutchins (RH), Eileen Higgins (EH), Susan Hills (SH), Stephen Legg (SL)

Stuart Whitsey – NCC

1.	Welcome and Apologies (Pam Tomalin, Judy Sullivan, John Wevill)	
2.	Minutes of meeting 11.03.13 were agreed to be a true record.	
3.	<p>Chair’s report. Health checks:</p> <p>In an attempt to find out more about the implementation of NHS Health Checks in Northamptonshire, I submitted a “Freedom of Information” request to NCC and received the following information in response. The questions asked are in italics.</p> <p><i>This request is about the NHS Health Checks Programme which started nationally in April 2009 and is currently being “launched” in Northamptonshire.</i></p> <p><i>I would be very grateful if you could supply the following data for the years 2009-2010 2010-2011, 2011-2012 and 2012-13.</i></p> <p><i>1. The total amount of money allocated to Northamptonshire for implementing NHS Health Checks.</i></p> <p>Approx. £10,000.00 was allocated for the Corby Pilot in 2009/10. After the Corby pilot the actual programme didn’t get underway until 2012/13 when £450,000.00 was allocated</p> <p><i>2. The total amount of money spent in Northamptonshire on NHS Health Checks.</i></p> <p>In 2009/10 the cost of the health checks was £5,320 In 2012/13 the cost of the health checks was £222,252</p> <p><i>3. Targets set for numbers of checks to be (a) offered and (b) delivered in Northamptonshire.</i></p> <p>The targets for 2012/13 (when the programme got underway) were 19,160 invites and 15,047 health checks delivered.</p> <p><i>4. Actual numbers of checks (a) offered and (b) delivered in Northamptonshire.</i></p> <p>(a) Offered (2012/13) = 10,142 (b) Delivered in Northamptonshire via GP practices (2012/13) = 6,268 (c) Delivered by pharmacy (2012/13)= 1,500</p> <p>I have written to Nene CCG in response to their latest newsletter encouraging people to have a health check; a response was promised by 10th May but is still</p>	

	<p>awaited. I hope to write another piece for the Newsletter asking members to give feedback on their experience of health checks. There are over 225,000 people in the age range targeted for health checks, so a massive increase in the current rate of delivery is needed.</p> <p>JR enquired at his own GP why he had not been invited for a health check; he was told he would have to wait. JR suggested that we ask our members for their experiences. It was agreed that JR would write a piece for the newsletter.</p> <p>Towcester Roadshow I attended the Towcester Roadshow and hope to attend a follow-up meeting soon with Richmond Northampton.</p> <p>Charitable Status The change in constitution agreed at the General Meeting on 8th April, resulting in approval of our application to be registered as a charity, is an important landmark in the development of the Northants 50+ Network. It opens up a wider range of possible sources of funding and we now need to produce ideas for funding bids that will be good enough to succeed in a very competitive market. Health Checks. It was agreed that the Network would participate as and where possible. SF said she may be able to attend 21st.</p> <p>It was also suggested that we invite somebody from the Charity Commission or NVS to explain to all trustee/board more about their responsibilities and requirements.</p>	JR
4.	<p>Vice Chair's Report General Update</p> <ul style="list-style-type: none"> • Marion Rixon and Valerie Meade have now relinquished all ties to 'South Northants 50+' and will not be taking any active roles in our Northants 50+ Network. They have asked me to extend their disappointment at not being kept up to date, or being involved with the organising the Towcester Road Show, despite their keen offers to help. • Following the change of status of Northants 50+ to a Registered Charity, the registered number now appears on the 50+ website, newsletters and all correspondence. If you are writing on behalf of Northants 50+ please add the registered number. • TA proposed "that to encourage new members to 50+ and increase overall numbers we consider a special draw? Whereby any existing member who introduces a new member will be entered into a draw together with the new member. This could be advertised in the summer newsletter and run from 1st June to the 31st December 2013. The prize fund would be £50, (£25 each) – This was agreed by the board. <p>Database/emails</p> <ul style="list-style-type: none"> • On 1st April 2013 we officially took over the responsibility of the 50+ Database. All 50+ stationery has now been removed from NCC premises. <p>TA thanked Ray for taking on the responsibility of Membership Secretary and maintaining the 50+ Database, and for all his hard work simplifying the database.</p> <p>Thanks are also extended to Sonja, Stuart and Ben (NCC) for all their help and support for the 50+ network.</p>	TA

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	<p>Website</p> <ul style="list-style-type: none"> The new version of our on-line application form has now been uploaded to the website and includes the charity registration number. The website was originally built with a very limited budget (funded by the 'School of Life' project). It now requires updating to meet our current and future needs; further funding of course will be required to achieve this. <p>TA asked all board members to let him know what they would like to see on the website? He will also ask for feedback from all our members regarding the same.</p> <p>Newsletter</p> <ul style="list-style-type: none"> The Summer 50+ Newsletter should be out for distribution at the beginning of June. Please let me have any articles by Friday 17th May 2013. 	ALL
5.	<p>Treasurer's Report</p> <p>BC presented his report showing the current balances of the two bank accounts. The Board A/C £11,752 (a large amount of which is a NCC grant to procure professional help to obtain future funding). The Events A/C has a balance of £3,219 (which includes £1,021 received from members for coach trips)</p> <p>It was agreed by all that the two bank A/C should be consolidated.</p> <p>Invoices have been raised to Excell Media for £500 (for distribution of the 50+publication), and Richmond Villages for £150 (re Roadshow). JR also mentioned that SNVC had pledged £250 to 50+ in recognition for all the help and support that PT has given the Village Network project in South Northants.</p>	BC
6.	<p>Richmond Village Roadshows</p> <p>JR expressed his disappointment about the format of the 'Towcester Roadshow' last week. Entertainers were disgruntled about the noise on the stalls. The good part was the involvement of Radio Northampton. John Griff broadcast his 2hr show from the event and interviewed JR and stall holders. Stalls all looked good except for our own 50+ stall, which was embarrassing. There was a lot of criticism about the event including the raffle prizes and the way the prizes were allocated.</p> <p>On 23rd May, JR, SF, TA and PT will be attending a debrief meeting with Richmond Village personnel to discuss the Roadshow.</p> <p>The next Roadshow, due to be held at Richmond Village on 4th July, has now been postponed to September.</p> <p>The need for 50+ publicity material was discussed. SF suggested new pull up banners and RH suggested a more modern approach of video audit equipment. It was agreed that there is a need for both. RH and SF to shop around to see what is available and bring their findings to the board.</p>	SF RH
7.	<p>Annual General Meeting and Annual Report</p> <p>The AGM will be held at St Giles Centre on Monday 10th June at 2.00pm. TA has booked the hall for 2 hours. Refreshments will be provided by the committee, SD has offered to help with refreshments and will bring along tea, coffee, milk, sugar and cakes. MW will also help with refreshments. A raffle prizes will be provided by each board member. EH has offered to bake a cake.</p> <p>JR announced that the current officers will not be standing at the AGM and asked for board members to put names forward for election. JR will be speaking to all</p>	ALL

	<p>board members individually before the AGM.</p> <p>Guest speakers were discussed, JR suggested Catherine Dunmore who is an expert on housing policy, from a retirement housing group. SF suggested Jennifer Conroy, last year's Mayoress. Other suggestions were made, including games of indoor 'kurling.' No final decision was taken. Further suggestions to be sent to JR.</p>	ALL
8.	<p>Membership data reporting requirements</p> <p>At a meeting with the other officers, TA and PT, the following draft requirements was draw up</p> <p>a) Annual (for inclusion in Annual Report published in June)</p> <ul style="list-style-type: none"> • Total number of members • Total number of males and females • Membership numbers analysed by ethnicity • Membership numbers analysed by age (50-59, 60-69, 70-79, 80-89, >100) • Number of disabled members • Membership numbers analysed by District Council area (if it is possible to do this easily by using postcodes, otherwise an approximation using postcodes) <p>The Annual report should show the above for the previous year as well, but this may not be fully achievable until 2014.</p> <p>In addition it might be useful to include a narrative summary of the content of new application forms relating to members' interests and needs and willingness to volunteer.</p> <p>b) Reports to each Board Meeting</p> <ul style="list-style-type: none"> • Number of new members joining since previous report. • Summary of content of new application forms relating to members' interests and needs and willingness to volunteer. • The purpose of the monthly reports would be to monitor progress in recruiting new members and to ensure that a Board member makes contact with each new member to welcome them and discuss how they can get involved. <p>RH agreed that the was achievable but pointed out that there are many errors on the database that we have inherited, such as 53 people listed as being born between 1967 and 2029!!!</p> <p>RH confirmed that there are 2,021 recorded members and since 1st April 2013, 24 new members have joined.</p> <p>The database also revealed that the most popular topics of interest are; health and leisure, learning activities and physical activities.</p> <p>TA did point out that a lot of the info is historic and should be considered along with the recent '<i>members feedback questionnaire</i>' that was compiled by Stuart Whitsey (NCC) on our behalf.</p>	<p>RH</p> <p>RH</p>
9.	<p>Fund raising: ideas and professional help</p> <p>JR explained that 50+ had received funding from NCC with a SLA to procure a professional fundraiser. JR and TA had approached a professional fundraiser but he refused to take our money as we had little or no chance of securing funding without Charity Status. As we are now a registered charity, we will re-approach him and invite him to our next meeting in JULY. JR asked all board members to</p>	<p>TA</p> <p>ALL</p>

	give consideration to what projects we would like funding for. All ideas and suggestions should be forwarded to JR, so that we can be well prepared before he visits us.	ALL
10.	Regional Round Up SD reported that the 50+ games equipment that is in constant use needs replacing. It was agreed that two new sets of 'New Age Kurling Pushers' and targets should be purchased.	SD
	There being no other business, the meeting closed at 4.00pm	

Future Board meetings:

10th June 2013 (AGM –St Giles Centre, St Giles Terrace, Northampton, NN1 2BN)
8th July 2013
12th August 2013
9th September 2013
7th October 2013
11th November 2013
9th December 2013

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